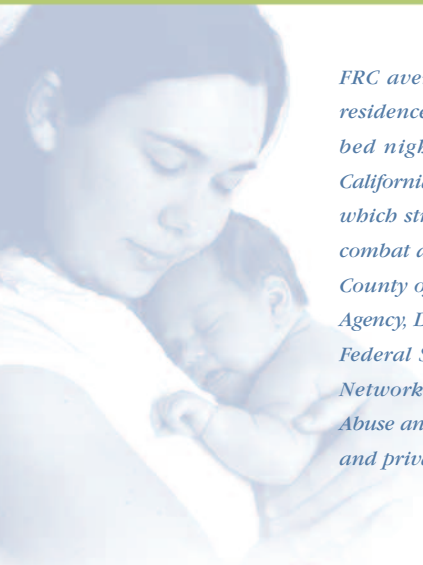


INTEGRITY

EXCELLENCE  
For the Love of Children



*FRC averages 45 women and 30 children in residence per day, while providing over 27,000 bed nights per year. FRC is a member of the California Perinatal Treatment Network (CAPTN), which strives to provide comprehensive care to combat abuse and neglect. Funded in part by County of San Diego Health and Human Service Agency, Department of Alcohol and Drug Services, Federal SAPT, State of CA Perinatal Treatment Network, HUD, U.S. Dept. of HHS Substance Abuse and Mental Health Services Administration and private donations.*

## Family Recovery Center

OCEANSIDE

1100 Sportfisher Drive  
Oceanside, CA 92054  
p: (760)439-6702  
f: (760)439-4779  
email: frc-pm@mhsinc.org

Hours are:  
8 A.M. — 5 P.M.  
Monday thru Friday



**Corporate Office**  
9465 Farnham St.  
San Diego, CA 92123  
(858)573-2600  
fax (858)573-2602  
email: corporate@mhsinc.org  
www.mhsinc.org

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## Family Recovery Center

OCEANSIDE



# Family Recovery Center

OCEANSIDE

The Family Recovery Center (FRC) was established in 1994 to assist women with children in breaking the cycle of substance abuse. FRC serves pregnant and parenting women with their children through the age of 10.



HOPE | INNOVATION | DIGNITY | EXCELLENCE | INTEGRITY | ACTION



**The Family Recovery Center (FRC)** uses evidence-based services focused on the following primary goals:

- Achieve positive perinatal outcomes
- Improve the well being of children while promoting family unification
- Treat the physical, psychiatric and addictive disorders of our participants
- Assist families to achieve economic and social self-sufficiency

All women are provided services regardless of their economic status. The program begins by providing basic needs: food, shelter, clothing, and personal supplies.

## CHILD DEVELOPMENT CENTER

Throughout the time that the women are involved with FRC, the infants and preschool age children are eligible for enrollment in the Child Development Center (CDC). The CDC is a licensed therapeutic day care program, serving up to 45 high-risk children.

**RESIDENTIAL TREATMENT** – The most structured treatment option; where women and their children live in our licensed facility. The residential treatment program is individualized, 6-9 months in duration. These groups focus on county guidelines to include: substance education, anger management, parenting, recovery maintenance, family issues and life skills.

**DAY TREATMENT** – For clients who live off site, and in safe environments, they can participate in the Day Treatment program. Clients attend treatments from 8 a.m. – 3 p.m. every day.

**OUTPATIENT TREATMENT** – ODF is offered in the evening hours for individuals who need additional support with recovery, and are able to maintain employment/education/family during the day.

**AFTERCARE / CONTINUING CARE** – Approx 3 months during the evening hours for individuals who have completed the Residential or Day Treatment programs. The primary focus during this time is recovery maintenance.

**CAREER CENTER** – While in the Career Center, the women work on achieving economic self-sufficiency. By collaborating with various organizations, FRC provides career advancement opportunities and assessment.

**ADULT, COUPLES AND FAMILY THERAPY** – Therapy services are provided by a term-approved psychologist and psychology interns.

**CHILD THERAPY** – Engages children in age appropriate therapy to address behavioral, emotional and trauma related concerns.



**TRANSITIONAL HOUSING** – For women who have successfully completed the residential component-low income housing is located two blocks from center.

**FAMILY GROUP/CLASS** – Available in the evenings for family, friends and other supporters of the clients. Provides education and the ability to interact with loved ones.



For more information about the Family Recovery Center, or to schedule a tour, please call (760)439-6702